

# Lagresultat:

<b>1 Ski Team Skåne</b>	<b>2:49:21 (4+0)</b>
Henry Churchill	HE 0:39:56
Johannes Andersson	HE 0:40:31
Oskar Henriksson	HE 0:43:10
Ivan Scheblykin	HE 0:45:44
Freya Orban	DEL 0:21:44
<b>2 Helsingborgs SOK</b>	<b>2:54:55 (4+0)</b>
Erik Alnervik	HE 0:41:37
Patrik Johansson	HE 0:43:21
Oskar Cervin	HE 0:43:38
Per Rudqvist	HE 0:46:19
Christofer Grifo	HEL 0:25:58
<b>3 Team Adsensus</b>	<b>3:07:31 (0+8)</b>
Joakim Beckvid Tranchell	HEL 0:21:41
Per Jäder	HEL 0:21:53
Carl Carell	HEL 0:22:03
Charlotte Löjdqvist	DEL 0:23:20
Jan Petersen	HEL 0:24:01
Andreas Wiesel	HEL 0:24:35
Johan Lövstrand	HEL 0:24:53
Stefan Magnusson	HEL 0:25:05
Jonathan Hjertström	HEL 0:25:26
Emil Ohlsson	HEL 0:25:31
Peter Kuylenstierna	HEL 0:25:43
Tomas Barregård	HEL 0:25:47
Hanna Andréason	DEL 0:26:16
David Dahlstedt	HEL 0:26:56

Axel Larsson	HEL	0:27:36
Max Andersson	HEL	0:27:41
Rasmus Nervall	HEL	0:27:58
Anna Ringborg	DEL	0:28:06
Olof Wingren	HEL	0:28:32
Johan Mårzell	HEL	0:29:30
Royston Yap Yung Chun	HEL	0:31:08
Mårten Holst	HEL	0:31:20
Richard Jansson	HEL	0:31:45
Gustaf Straht	HEL	0:31:57
Alexander Rydberg	HEL	0:33:48
Elin Barnholdt	DEL	0:33:52
Morten Rosén	HEL	0:35:31
Ton Yanling	DEL	0:39:32
Michelle Loke	DEL	0:51:35

#### **4 LOK Challenge** **3:09:54 (0+8)**

Stefan Nilsson	HEL	0:19:28
Jonas Enarsson	HEL	0:20:20
Axel Toresson	HEL	0:22:43
Allan Hedberg	HEL	0:22:53
Johanna Matsdotter	DEL	0:24:31
Pesho Hedberg	HEL	0:24:40
Ludvig Zaar	HEL	0:27:31
Tove Kjellberg	DEL	0:27:48
Rebecka Johansson	DEL	0:29:56
Felicia Spångberg	DEL	0:30:14
Hanna Elf	DEL	0:31:52

#### **5 Hittepå i grupp gruppen spring** **3:13:10 (4+0)**

Martin Wendt	HE	0:43:40
Patrik Lindeberg	HE	0:45:08

Viktor Henmyr	HE 0:50:52
Martin Nilsson	HE 0:53:30
Elsa Westerlund	DEL 0:31:23
Fernanda Åkerman	DEL 0:32:45

## **6 St Hans Extremisterna 3:13:14 (2+4)**

Ludvig Ehlörsson	HE 0:40:32
Tobias Svahn	HE 0:48:03
Anton Sandberg	HE 0:57:05
Karin Björk	DEL 0:24:09
Ingvar Lundkvist	HEL 0:26:23
Jimmy Nordström	HEL 0:26:42
Jessica Werne	DEL 0:27:25
Kent Fast	HEL 0:27:33
Sanna Lindholm	DEL 0:28:30
Gustav Tiger	HEL 0:29:43
Josefine Carlsson	DEL 0:31:33

## **7 Lunds OK 3:15:38 (2+4)**

Fredrik Hugosson	HE 0:47:29
Carl Rämmal	HE 0:49:42
Leo Eneroth	HEL 0:21:36
Erik Winblad	HEL 0:23:53
Felix Gustafsson	HEL 0:25:34
Malte Lennerstedt	HEL 0:27:24
Maureen Olsson Lo	DEL 0:29:19
Elin Hugosson	DEL 0:29:41
Rolf Spångberg	HEL 0:30:40

## **8 Tetra Pak IF 3:18:27 (4+0)**

Martin Carlsson	HE 0:46:11
Laurent Leloup	HE 0:50:13

Ruben Martinez	HE 0:50:52
Ulf Jönsson	HE 0:51:11
Håkan Björnqvist	HE 0:52:43
Lars Pålsson	HE 0:54:11
Erik Lidström	HE 0:58:47
Hossein Sohrabi	HE 1:01:58
Tobias Lundström	HE 1:16:48
Anders Göransson	HEL 0:25:48
Ola Martinsson	HEL 0:26:58
Enrique Herrera	HEL 0:27:56
Malcolm Fraser	HEL 0:28:13
Åsa Rydstedt	DEL 0:28:17
Anna Olsson	DEL 0:30:35
Carolina Weiss	DEL 0:31:16
Kristina Ahlgren	DEL 0:32:03

**9 Team Quickly Changing Diabetes 3:19:25 (4+0)**

Klaus Langhoff-Roos	HE 0:46:06
Simon Wang Langer	HE 0:46:40
Lisa Hermansson	DE 0:52:31
Lise-Lotte Rydén	DE 0:54:08
Rickard Berg	HE 0:56:41
Agneta Bengtsson	DEL 0:32:18

**10 Ulfs minne 3:20:17 (2+4)**

Glen Karsberg	HE 0:46:32
Sara Snogerup Linse	DE 0:49:31
Johan Sköld	HE 1:05:47
Kyrre Thalberg	HEL 0:24:34
Mikael Svensson	HEL 0:24:45
Adam Gummesson	HEL 0:25:38
Leif Linse	HEL 0:29:17

Jonna Svensson	DEL	0:31:19
Filip Olofsson	HEL	0:35:33
Pia-Lena Bergqvist	DEL	0:36:30

**11 Synkrotronljusfysik** **3:20:23 (3+2)**

Erik Mårzell	HE	0:48:05
Sven Gustafson	HE	0:48:11
Johan Gustafson	HE	0:49:11
Mikhail Shipilin	HEL	0:23:50
Lindsay Merte	HEL	0:31:06
Lena Kral	DEL	0:32:49

**12 Coach K Runners** **3:24:14 (4+0)**

Åke Åkesson	HE	0:49:18
Torbjörn Ruckman	HE	0:49:57
Jimmie Lindfors	HE	0:51:31
Göran Lindfors	HE	0:53:28
Hans Dahlgren	HE	0:53:46
Anna Öjehagen	DE	0:54:40
Malin Andersson	DE	0:55:05
Niclas Nordström	HE	0:57:44
Gabriella Lundh	DE	1:04:35
Andreas Hasselgren	HEL	0:26:36
Åsa Lundh	DEL	0:34:45

**13 LK Uven** **3:26:10 (4+0)**

Anders Adolfsson	HE	0:48:25
Ola Stigmar	HE	0:49:48
Mattias Balkefors	HE	0:52:47
Anders Hansson	HE	0:55:10
Fredrik Lefdal	HE	0:55:40

<b>14 Bamse og Kylling</b>	<b>3:42:56 (2+4)</b>
Wojciech Potrzebowski	HE 0:53:18
Thom Leiding	HE 0:55:40
Karin Mattsson	DE 0:59:19
Henrietta Henningsson	DE 0:59:32
Joel Hagman	HE 1:04:49
Þorsteinn Kristinsson	HEL 0:26:48
Lukas Wittenbecher	HEL 0:28:10
Frej Izzat Gripne	HEL 0:29:25
Stefan Gunnarsson	HEL 0:29:35
Samira Izzat	DEL 0:31:43
Weimin Li	HEL 0:32:38
Tinna Pálmadóttir	DEL 0:35:55
Xiaoting Yang	DEL 0:37:11
<b>15 XXX FitnessClub</b>	<b>3:45:46 (0+8)</b>
Henric Ekström	HEL 0:24:38
Charlotte Toth	DEL 0:26:39
Gunnar Oberlies	HEL 0:26:57
Anki Egelberg	DEL 0:27:58
Louise Wahlgren	DEL 0:28:01
Stefan Rundqvist	HEL 0:28:36
Jonte Schlenz	HEL 0:31:14
Daniel Reinthaler	HEL 0:31:43
<b>16 Lonesome Runners</b>	<b>4:01:56 (1+6)</b>
Ola Örnberg	HE 0:57:20
Christina Höök	DE 1:12:34
Johan Landgren	HEL 0:26:53
Sarah Rangstrand Hjort	DEL 0:28:58
Torbjörn Hjort	HEL 0:31:01
Jesper Cederlöf	HEL 0:31:31

Edit Andersson

DEL 0:32:01

Lena Örnberg

DEL 0:34:12

**17 Nordic Military Training**

**4:15:51 (4+0)**

Viktor Svensson

HE 1:00:13

Anna Ögren

DE 1:02:19

Robert Johansson

HE 1:06:29

Pernille Lundahl Scharff

DE 1:06:50

Gunilla Sunhede

DE 1:09:22

Anja Enevoldsen

DE 1:15:33

Lynn Hansen

DEL 0:32:20